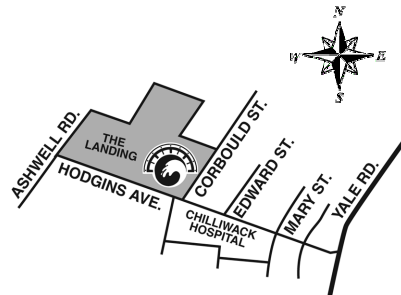
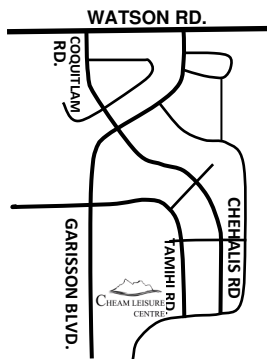


# LEISURE RECREATION GROUP

## HOURS OF OPERATION

Monday to Friday: 6:00am – 10:00pm

Saturday, Sundays and Holidays: 7:30am – 9:30pm



### The Cheam

#### Leisure Centre

45501 Market Way  
Chilliwack, BC. V2R 0M9  
Phone: 604.824.0231  
Fax: 604.824.0853

### The Chilliwack Landing

#### Leisure Centre

#1 – 9145 Corbould Street  
Chilliwack, BC. V2P 4A7  
Phone: 604.793.7946  
Fax: 604.703.1811

Please note that all schedules are subject to change due to special events, professional development days, and our constant efforts to serve you better. Please confirm information by phoning the respective facility.

Proudly operated by



LEISURE RECREATION GROUP

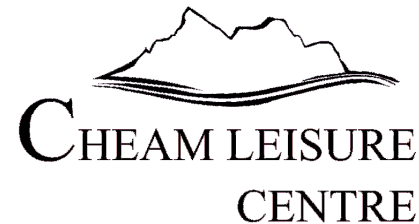
# P O O L

WINTER 2012



FULL FACILITY – POOL, WEIGHT ROOM, GROUP FITNESS/AQUAFIT

## >> SCHEDULE



45501 Market Way  
Chilliwack, BC V2R 0M9  
Tel: 604.824.0231  
Fax: 604.824.0853

### HOURS OF OPERATION

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WEBSITE: [www.leisurerecgroup.com](http://www.leisurerecgroup.com)



# AQUATIC SWIM SCHEDULE - JANUARY 3 - JUNE 30<sup>th</sup> 2012

(Schedule subject to change without notice).

We are open for public swimming and have 1 or 2 lanes reserved for lane swimming open as long as the facility is open. **BOLD** items note the **busier times** in the pool areas. The *best times for lane swimming* are *italicized and underlined* and read OPEN.  
*The pool lights are dimmed 1 hour before closing (depending on the amount of individuals in the pool).*

Area	MONDAY / WEDNESDAY	TUESDAY / THURSDAY	FRIDAY	SATURDAY & SUNDAY
Leisure Pool	<p><i>6:00am – 3:30pm OPEN</i></p> <p>3:30 – 7:30pm [Limited Space LESSONS]</p> <p><i>7:30pm – 9:45pm OPEN</i></p>	<p><i>6:00am – 3:30pm OPEN</i></p> <p>3:30 – 7:30pm [Limited Space LESSONS]</p> <p><i>7:30 – 9:45pm OPEN</i></p>	<p><i>6:00am – 6:00pm OPEN</i></p> <p>6:00 – 8:00pm [Friday Night Overdrive]</p> <p><i>8:00 – 9:45pm OPEN</i></p>	<p><i>7:30 – 9:00am OPEN</i></p> <p>9:00am – 1:00pm [Limited Space LESSONS]</p> <p><i>1:00 – 9:15pm OPEN</i></p>
Main Pool (6 Lanes)	<p><u><i>6:00 – 8:30am OPEN</i></u></p> <p>8:30 – 9:30am [AQUAFIT - SHALLOW MON]</p> <p>9:35am – 10:35am [AQUAFIT- DEEP MON]</p> <p>9:15am – 10:15am [AQUAFIT - SHALLOW WEDS]</p> <p>10:20am – 11:20am [AQUAFIT - DEEP WEDS]</p> <p><u><i>10:35am or 11:35am – 3:30pm OPEN</i></u></p> <p>3:30 – 7:30pm [Limited Space – LESSONS]</p> <p>5:00 – 6:30pm [SPECIAL O - 3 LANES - WEDS]</p> <p>7:00 – 8:00pm [AQUAZUMBA - SHALLOW MON]</p> <p><u><i>8:00 – 9:45pm OPEN</i></u></p>	<p>5:00 – 7:00am [SPARTANS 5 LANES]</p> <p><u><i>7:00 – 8:00am OPEN</i></u></p> <p>8:30 – 9:30am [AQUAFIT SHALLOW]</p> <p><u><i>9:30am – 3:30pm OPEN</i></u></p> <p>3:30 – 7:30pm [Limited Space – LESSONS]</p> <p>4:00 – 6:00pm [SPARTANS 3 lanes]</p> <p>7:00 – 8:00pm [AQUAFIT SHALLOW/DEEP]</p> <p><u><i>8:00 – 9:45pm OPEN</i></u></p>	<p><u><i>6:00 – 8:30am OPEN</i></u></p> <p>8:30 – 9:30am [AQUAFIT SHALLOW]</p> <p>9:35am – 10:35am [AQUAFIT DEEP]</p> <p><u><i>10:35am – 6:00pm OPEN</i></u></p> <p>6:00pm – 8:00pm [Friday Night Overdrive]</p> <p><u><i>8:00 – 9:45pm OPEN</i></u></p>	<p>7:30 – 9:30/10:30am [SYNCHRO - SATURDAY ]</p> <p>9:00am – 1:00pm [Limited Space LESSONS SATURDAY]</p> <p>8:30 - 10:30/11:30am [KAYAKING - SUNDAY ]</p> <p><u><i>11:30/1:00 - 9:15pm OPEN</i></u></p>
	<p><b>Sauna (16+ yrs)</b> (125-145F) Open during Facility Hours</p>		<p><b>Family Hot Tub (all ages)</b> (100-102F) Open during Facility Hours</p>	



The Leisure Recreation Group is committed to the development of programs and facilities that encourage a fun, safe learning environment and foster a sense of caring and achievement. We want every visit to be a fun, memorable experience – keep us posted on how we're doing!

